



AMERICAN Laryngological Association

Summer 2015 Newsletter

June 2015

MEET YOUR 2015- 2016 COUNCIL

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Dear ALA Fellows and Members,

On behalf of the ALA Council, I am pleased to provide you with our Summer Newsletter including a summary of the 2015 Annual Meeting and an update of our activities.

The American Laryngological Association held its 136th Annual Meeting on April 22-23, 2015 at the Hynes Convention Center in Boston, Massachusetts. It was held in conjunction with the Combined Otolaryngological Spring Meeting (COSM).

Dr. Mark S. Courey, ALA President, opened the meeting and welcomed the attendees on the morning of the first session. He introduced the Guest of Honor, Marc Remacle, MD, PhD, from Belgium and awarded Presidential Citations to Drs. C. Gaelyn Garrett, Robert H. Ossoff, Clark A. Rosen, and Marshall Strome. Dr. Courey also acknowledged the hard work of the Program Committee, Drs. Michael M. Johns, III (Chair), Carol R. Bradford, Ryan C. Branski, Thomas Carroll, Dinesh K. Chhetri, and C. Blake Simpson. Dr. Courey followed with an exciting Presidential Address entitled "Laryngology: An Interdisciplinary Specialty."

Following the first scientific session, President Courey introduced Dr. Robert L. Ferris who delivered the State of the Art Lecture. His cutting edge presentation, entitled "When Progress Isn't Good: Current Understanding of the Tumor Microenvironment of Laryngeal Dysplasia and Progression to Malignancy" was certainly an impressive one. It provided us with a sneak preview of the future of cancer management. This presentation set the stage for a panel discussion on "Dysplasia and Carcinoma-In-Situ" which I had the honor of moderating. Our panelists, Drs. James Burns, Michael E. Pittman, and Ramon Franco Jr., presented the newest and most advanced techniques of diagnosing and treating these challenging laryngeal lesions.

The Sheraton Boston Hotel provided a beautiful setting for the President's Reception honoring President Courey's term. Dr. Courey chose as a theme for the evening "American Jazz-1920's to 2015." This was a beautiful evening celebrating great music, food and friendship. Dr. Robert T. Sataloff was the recipient of the 2015 James Newcomb Award for outstanding accomplishments in

laryngology. Dr. C. Gaelyn Garrett was the recipient of the 2015 deRoaldes Award for her contributions to laryngology and to our Association. The Awards were presented by our President, Dr. Courey. On behalf of the Council and the Membership, I congratulate the awardees and thank them for their many years of service to the ALA and to our subspecialty, laryngology.

Following the award presentations, I was honored to join President-Elect Peak Woo in the presentations of the President's Watch and Medal, as well as the Past President's Pin to Dr. Mark S. Courey, recognizing and thanking him for the dedication and service during his presidential year. We know that he will continue to play an active role in the association. I also had the opportunity to say farewell and many thanks to our departing Council Member, Dr. Robert H. Ossoff, who has served the ALA as a Council Member, Secretary, Historian, and President for seventeen (17!) years. Thank you Bob!

On the second day of the meeting, President Courey introduced the recipient of the American Laryngological Association Award, Dr. Robert H. Ossoff. Dr. Charles M. Myer, III presented the Gabriel F. Tucker, MD Award to Dana M. Thompson, MD. Also on the second day of the meeting, the 2015 Daniel C. Baker Jr. Lecture was delivered by Vincent R. Bonagura, MD, from the Feinstein Research Institute in New York. His presentation "Recurrent Respiratory Papillomatosis: HPV-Specific Immune Dysregulation and Suppression; Treatment Strategies for Immune Repolarization" was extremely well received. Dr. Bonagura was introduced by Dr. Courey. The second day of our scientific program concluded with the panel discussion on "Posterior Glottal Stenosis: Maximizing Airway and Voice". Dr. C. Blake Simpson moderated the panel that included Drs. Peter Belafsky, Peak Woo, Dinesh Chhetri, and Michael M. Johns, III. Prior to adjournment, the incoming ALA President for 2015-16, Dr. Peak Woo was introduced.

2015 Scientific Awards

The American Laryngological Association supports scientific research and is strongly committed to the quality of the papers presented. To recognize past and current high quality research and to encourage future research, the following Scientific Awards were given at the Annual Meeting:

The Resident Research Award was presented to Dr. Andrea M. Park, from Saint Louis, MO, for her presentation entitled "Lateral Cricoarytenoid Release: A Novel Treatment Option for Adductor Spasmodic Dysphonia." The Young Faculty/Practitioner Award was given to Dr. Nao Hiwatashi from Kyoto City, Japan, for his presentation entitled: "Comparison of Efficacy of Mesenchymal Stromal Cells for Canine Focal Fold Regeneration: Adipose-Derived Stromal Cells vs. Bone Marrow-Derived Stromal Cells."

The following ALA posters were recognized for their outstanding content and presentation: First Place Award - Sid Khosla, MD, for the poster entitled "Effect of Vocal Fold Assymetries on Glottal Flow;" Second Place Award - Christopher T. Lee, MD, for the poster entitled "Botulinum Toxin Treatment of the False Vocal Folds in Adductor Spasmodic Dysphonia: Longitudinal Functional Outcomes;" and Third Place Award - Anete Branco, PhD, CCC-SLP, for the poster entitled "The Fibroblast-Myofibroblast Response in Normal Vocal Fibroblasts: An In Vitro Model."

ALA Business Meeting—2015

At the first Business Meeting, the Nominating Committee chaired by Dr. C. Gaelyn Garrett and with members, Drs. Clarence Sasaki, Gerald Berke, David Eisele and Randal Paniello, presented the nominations for 2015-2016. The slate included Dr. Dinesh Chhetri, for Member-at-Large of the Council; Dr. Michael Benninger, for Historian; and Drs. Joel Blumin and Michael Johns, III for Member-at-Large of the Nominating Committee. The slate was presented for vote and was unanimously approved by the ALA Membership.

Also during the first Business Meeting, the following candidates were introduced as Active Fellows

of the ALA: Robert A. Buckmire, MD; Edward J. Damrose, MD; Stacy L. Halum, MD; Theodore I-Fan Mau, MD, PhD; and Seth M. Cohen, MD, MPH. Frederick G. Dikkers, MD, PhD, from the Netherlands, was inducted as a Corresponding Fellow. The following Active Fellows were elevated to Emeritus Fellows: Michael Broniatowski, MD; Nicholas E. Maragos, MD; Eugene N. Myers, MD; Arnold Noyek, MD; John D. Osguthorpe, MD; Thomas K. Robbins, MD; David Schuller, MD; John A. Tucker, MD; and Edward C. Weisberger, MD. Dr. Minoru Hirano, from Japan, was introduced as a Corresponding Emeritus Fellow. Congratulations to all of our new Active and Emeritus Fellows.

The next group of inductees represents the future of the ALA. The following physicians were introduced as Post-Graduate Members: Nausheen Jamal, MD, Jennifer Long, MD, PhD, Jaime Eaglin Moore, MD; Neda Ahmadi, MD; Alexander Gelbard, MD; Shaum Sridharan, MD; Jeanne L. Hatcher, MD; and Elizabeth Guardiani, MD. Congratulations to our new Post-Graduate Members and welcome to the Association.

The second Business day was held on Thursday, April 23, 2015. The new Council and Officers were presented to the ALA Membership. Reports were given by the Secretary, Treasurer, Editor, and Historian. It was very clear that our Association is strong and healthy academically, clinically, administratively and financially. In his report, the Historian, recognized the following fellows who had passed and the ALA Membership honored them with the moment of silence: Hugh Biller, MD, passed away on February 22, 2015 at the age of 81; Roger Boles, MD passed away on December 3, 2014 at the age of 86; Arnold Komisar, MD passed away on April 20, 2015 at the age of 67; Robert Mathog, MD passed away on October 10, 2014 at the age of 75; Claude L. Pennington, Jr., MD passed away on July 27, 2013 at the age of 85; Charles W. Vaughan, MD passed away on March 26, 2014 at the age of 87; and Paul H. Ward, MD passed away on April 9, 2015 at the age of 84.



ALA Fellows—2015 Group Photo

ALA RESEARCH GRANTS

You will also find the “Call for Grant Proposals” for the ALA-ALVRE Research Grant and the ALA-Seymour Cohen Research Grant for 2015-2016 on page seven (7). Please follow the information and the application process as detailed.

CALL FOR NOMINATIONS

Information pertaining to the “Call for Nominations” is located on page eight (8) of this Newsletter. Our 2015-2016 Nominating Committee includes Drs. Mark S. Courey, (Chair), C. Gaelyn Garrett, Marvin Fried, Joel Blumin, and Michael M. Johns III. Please submit your nominations (self-nominations are accepted) to Maxine Cunningham. **All nominations will be considered by the committee.** Nominations must be submitted by December 1, 2015.

2016 ANNUAL MEETING

The ALA will celebrate its 137th Annual Meeting which will be held in conjunction with the Combined Otolaryngological Spring Meetings at the Hyatt Regency Hotel in Chicago, IL. President Peak Woo has selected Dr. Kenneth Altman as the Program Chair. They are hard at work in preparing an exciting and stimulating program. The “Call for Papers” for the 137th Annual Meeting is enclosed with this Newsletter. Abstract submission is done electronically via our website www.ALAHNS.Org. Additional information is found in the insert.

All abstracts must be received by October 31, 2015. Please follow the instructions for those wishing to submit abstracts and manuscripts for consideration for the special awards. To qualify for an award, a full manuscript submission is required by December 15, 2015.

The ALA continues to require a full manuscript submission for all abstracts accepted for oral and poster presentation. Manuscripts should be submitted to the Editor, Dr. C. Blake Simpson, by April 7, 2016. The instructions are carefully detailed in the abstract form. Authors not meeting the deadline may not be allowed to present their work at the Annual Meeting. In addition, authors must submit the full manuscript to the ALA Journal, the *Laryngoscope*, by April 7, 2016. Journal submission instructions are available on the Journal’s website.

From the Secretary’s Desk

I thank the ALA Council and Membership for giving me the honor of serving as your Secretary.

Respectfully,



Gady Har-EI, MD, FACS
ALA Secretary

Post Graduate Members Corner

A Message from the Post-Graduate Members Committee Chair:

The Post-Graduate Members of the ALA enjoyed a very successful breakfast symposium at the recent ALA meeting in Boston. In addition to thoughts on the role of Post-Graduate members in general from Dr. Robert Ossoff, and encouragement to participate in the mentorship match from Dr. Tanya Meyer, the more than 3 dozen attendees in the room enjoyed an informative overview on the new guidelines for the Triological Society Thesis from Dr. Dana Thompson, and heard from Dr. Ted Mau on research in the life of a Post-Graduate Member. Plans are underway for next year's symposium; please provide any suggestions to Dr. Melin Tan-Geller at MTANGEL@montefiore.org.

In the interval between now and next year's ALA meeting, the ALA and the Post-Graduate Steering Committee have several initiatives in place for Post-Graduate Members. One of these is continuation of the mentorship pairing process through which Post-Graduate Members are paired with more senior ALA members to discuss topics of mutual interest and receive advice on professional development. If you are interested in participating in this process as either a mentor or a mentee, please let Lee Akst know at LAKST1@jhmi.edu. New this year is a plan to also create peer-mentoring relationships among post-graduate members, with the goal of assigning 4-5 post-graduates to a group that fosters discussion to help one another through the early stages of a laryngology career. If interested in being assigned to a peer mentoring group, Post-Graduate Members are asked to e-mail Kimberly Vinson at Kimberly.n.vinson@Vanderbilt.edu.

Lastly, with the support of the ALA Council, the Post-Graduate Members will have an opportunity to create on-line content about a variety of laryngology conditions and treatments. This material is intended to be written at the level of an educated layperson, and is meant to be an on-line resource that will be hosted on the ALA website where it will be available to ALA members and to patients. If a Post-Graduate Member is interested in writing a chapter or editing content for this project, please contact Jonathan Bock at jbock@mcw.edu or Lee Akst at LAKST1@jhmi.edu.

We look forward to your participation in these activities throughout the year, to hope to see all Post-Graduate members at upcoming meetings.



Post-Graduate Membership Committee

ChairpersonLee Akst, MD

Committee MembersMelin Tan, MD Jonathan Bock, MD; Kimberly Vinson, MD

Immediate Past Chair..... Tanya K. Meyer, MD

Advisors..... Peak Woo, MD, Robert H. Ossoff, DMD, MD; Michael M. Johns III, MD

Administrator.....Maxine Cunningham, BA

A Message from the President

June 15, 2015

It is my highest honor to write this message to my colleagues in the ALA.

Having been in the ALA for the last 19 years, I always thought it was a special privilege to come to the gathering of the ALA once a year. At this gathering of colleagues, we shared ideas on laryngeal problems, learned new concepts and enriched, re-energized, and re-dedicated our commitment to our specialized practice. That is why I never missed it. It always amazed me that in this vast land of America, only approximately 200 people gather each year at this meeting. Yet, the contents constitute the pinnacle of knowledge about laryngeal disorders in America and often the globe. Is that why we are considered an elitist, closed society?

Our laryngology specialty was always a small sub-specialty. It started from a few American otolaryngologists who went to the capitals of Europe, learned how to look into the deep crevices of the throat and brought that knowledge and thirst for learning back here. We formed an association that is in our 137th year! The sub-specialty of laryngology has stayed small, even compared to our specialty of otolaryngology-head and neck surgery. Thereby some doubt or suspicion still exist regarding the validity of what we do. Even my head and neck colleagues and rhinology colleagues will poke their head into my OR sometimes and jest with me on my micro-laryngoscopy procedures as operating on nothing. That is probably why, since its inception, the ALA has the requirement that prospective members have to be recommended by two members of the ALA. Indeed, over our 137 years, we have kept our requirements the same. The member must be a practicing laryngologist in good standing with demonstrated skills in the specialty, he/she must be recommended for membership by two fellows of the ALA, and lastly, he/she must have written a Triological Society thesis that has been accepted. These are high but not exclusionary requirements. Any society, to be valid, must have purpose and standards. But it must also stay vital and relevant. That is why the ALA has changed in recent years to increase the maximum numbers of its members. That is why we now have a post graduate member category. The ALA leadership is committed to mentoring this growing group of committed young laryngologist in the Post Graduate Membership group through the Triological thesis process and becoming full members of the ALA.

Our societal demands for our specialty expertise will continue. The quality of life issues related to voice, swallow, and airway addressed by our specialty are increasing, even as congenital, infectious, and neoplastic causes may be decreasing. This is due to our increasing aging population with financial health care resources demanding state of the art care. This is coupled with the hyper energized, connected world where voice and communication capability is just as vital as brains and beauty. I see this in my practice. I see this in my travels to all continents where laryngology is seen as an emerging but vital new specialty. It is driven by the populace. That is why I am optimistic about our subspecialty and its role in our society. We are the leaders. We, as members of the ALA, with our 137 years of tradition, can serve as the nexus to bring about transition for world laryngology. Our members can serve by continuing their generosity of spirit, to discover, share, teach, travel, mentor and educate their colleagues on the specialty of laryngology, in America and around the world.

I look forward to seeing you all at the next gathering of the ALA in Chicago in 2016.

Sincerely,

A handwritten signature in black ink, appearing to read 'Peak Woo', with a long horizontal flourish extending to the right.

Peak Woo, MD
President, ALA

AMERICAN LARYNGOLOGICAL ASSOCIATION



RESEARCH GRANTS

CALL FOR GRANT PROPOSALS

The American Laryngological Association (ALA) is offering two research grants for the Academic Year 2015-2016. The following grants are available:

ALA - ALVRE RESEARCH GRANT: The purpose of this grant is to support basic, translational, or clinical research project in laryngology, voice, outcomes, and related subjects.

Amount: \$10,000.00 Maximum.

Term: 12 months, non-renewable.

ALA – SEYMOUR R. COHEN RESEARCH GRANT: The purpose of this grant is to support basic science or translational research project in the area of laryngology or neurolaryngology with relevance to the pediatric population.

Amount: \$15,000.00 maximum.

Term: 12 months, non-renewable.

Details on both grants including eligibility, conditions, requirements, and application instructions are available on our website at www.alahns.org.

Letters of intent are due to our Administrator, Maxine Cunningham by

December 1, 2015.

Please send a signed PDF copy of the letter of intent to maxine.c@comcast.net

Completed applications are due January 15, 2016.

CALL FOR NOMINATIONS

According to the new ALA Bylaws adopted in 2013, the process of nominating for elected positions is open to the entire membership. The following elected positions for the academic year 2016-2017 are now open for nomination: Councilor-at-Large; Member of the Nominating Committee (two positions). If you wish to nominate an ALA Fellow to one of these positions (self-nominations are also accepted), please submit your nomination to the Chair of the Nominating Committee, Mark S. Courey, MD, via the ALA Administrator, Maxine Cunningham at maxine.c@comcast.net.